

## Contents

**Preface** *xiii*

**List of Abbreviations** *xvii*

### **Part I Introduction** 1

- 1 Introduction** 3
  - 1.1 Introduction to Biomechanics 3
  - 1.2 Biology and Biomechanics 3
  - 1.3 Types of Biological Systems 6
    - 1.3.1 Biosolids 6
    - 1.3.2 Biofluids 7
    - 1.3.3 Biomolecules 8
    - 1.3.4 Synthesized Biosystems 9
  - 1.4 Biomechanical Hierarchy 10
    - 1.4.1 Organ Level 10
    - 1.4.2 Tissue Level 11
    - 1.4.3 Cellular and Lower Levels 12
    - 1.4.4 Complex Medical Procedures 13
  - 1.5 Multiscale/Multiphysics Analysis 13
  - 1.6 Scope of the Book 17

### **Part II Analytical and Numerical Bases** 21

- 2 Theoretical Bases of Continuum Mechanics** 23
  - 2.1 Introduction 23
  - 2.2 Solid Mechanics 23
    - 2.2.1 Elasticity 24
    - 2.2.2 Plasticity 28
    - 2.2.3 Damage Mechanics 31
    - 2.2.4 Fracture Mechanics 36

2.2.5	Viscoelasticity	53
2.2.6	Poroelasticity	59
2.2.7	Large Deformation	63
2.3	Flow, Convection and Diffusion	72
2.3.1	Thermodynamics	72
2.3.2	Fluid Mechanics	74
2.3.3	Gas Dynamics	78
2.3.4	Diffusion and Convection	81
2.4	Fluid–Structure Interaction	83
2.4.1	Lagrangian and Eulerian Descriptions	83
2.4.2	Fluid–Solid Interface Boundary Conditions	84
2.4.3	Governing Equations in the Eulerian Description	85
2.4.4	Coupled Lagrangian–Eulerian (CLE)	86
2.4.5	Coupled Lagrangian–Lagrangian (CLL)	87
2.4.6	Arbitrary Lagrangian–Eulerian (ALE)	88
<b>3</b>	<b>Numerical Methods</b>	<b>93</b>
3.1	Introduction	93
3.2	Finite Difference Method (FDM)	93
3.2.1	One-Dimensional FDM	94
3.2.2	Higher Order One-Dimensional FDM	95
3.2.3	FDM for Solving Partial Differential Equations	98
3.3	Finite Volume Method (FVM)	99
3.4	Finite Element Method (FEM)	102
3.4.1	Basics of FEM Interpolation	102
3.4.2	FEM Basis Functions/Shape Functions	103
3.4.3	Properties of the Finite Element Interpolation	105
3.4.4	Physical and Parametric Coordinate Systems	106
3.4.5	Main Types of Finite Elements	106
3.4.6	Governing Equations of the Boundary Value Problem	109
3.4.7	Numerical Integration	112
3.5	Extended Finite Element Method (XFEM)	113
3.5.1	A Review of XFEM Development	113
3.5.2	Partition of Unity	114
3.5.3	Enrichments	115
3.5.4	Signed Distance Function	115
3.5.5	XFEM Approximation for Cracked Elements	115
3.5.6	Boundary Value Problem for a Cracked Body	117
3.5.7	XFEM Discretisation of the Governing Equation	118
3.5.8	Numerical Integration	119
3.5.9	Selection of Enrichment Nodes for Crack Propagation	121
3.5.10	Incompatible Modes of XFEM Enrichments	122
3.5.11	The Level Set Method for Tracking Moving Boundaries	123
3.5.12	XFEM Tip Enrichments	124
3.5.13	XFEM Enrichment Formulation for Large Deformation Problems	132

3.6	Extended Isogeometric Analysis (XIGA)	133
3.6.1	Introduction	133
3.6.2	Isogeometric Analysis	133
3.6.3	Extended Isogeometric Analysis (XIGA)	136
3.6.4	XIGA Governing Equations	138
3.6.5	Numerical Integration	140
3.7	Meshless Methods	142
3.7.1	Why Going Meshless	142
3.7.2	Meshless Approximations	143
3.7.3	Meshless Solutions for the Boundary Value Problems	158
3.8	Variable Node Element (VNE)	166
<b>4</b>	<b>Multiscale Methods</b>	<b>171</b>
4.1	Introduction	171
4.2	Homogenization Methods	172
4.2.1	Introduction	172
4.2.2	Representative Volume Element (RVE)	173
4.2.3	Mathematical Homogenization	174
4.2.4	Computational Homogenization	181
4.3	Molecular Dynamics (MD)	195
4.3.1	Introduction	195
4.3.2	Statistical Mechanics	196
4.3.3	MD Equations of Motion	211
4.3.4	Models for Atomic Interactions – MD Potentials	215
4.3.5	Measures for Determining the State of MD Systems	222
4.3.6	Stress Computation in MD	223
4.3.7	Molecular Statics	226
4.3.8	Sample MD Simulation of a Polymer	227
4.4	Sequential Multiscale Method	229
4.4.1	Introduction	229
4.4.2	Multiscale Modelling of CNT Reinforced Concrete	230
4.4.3	Molecular Dynamics Simulation of CNTs	231
4.4.4	Simulation of CNT-Reinforced Calcium Silicate Hydrate	242
4.4.5	Micromechanical Simulation of CNT-Reinforced Cement	247
4.4.6	Mesoscale Simulation of CNT-Reinforced Concrete	250
4.4.7	Macroscale Simulation of CNT-Reinforced Concrete	256
4.5	Concurrent Multiscale Methods	258
4.5.1	Introduction	258
4.5.2	Quasi-Continuum Method (QC)	260
4.5.3	Bridging Domain Method (BDM)	267
4.5.4	Bridging Scale Method (BSM)	271
4.5.5	Disordered Concurrent Multiscale Method (DCMM)	272
4.5.6	Variable Node Multiscale Method (VNMM)	281
4.5.7	Enriched Multiscale Method (EMM)	288

**Part III Biomechanical Simulations 297****5 Biomechanics of Soft Tissues 299**

- 5.1 Introduction 299
- 5.2 Physiology of Soft Tissues 300
  - 5.2.1 Soft Tissues, Skin 300
  - 5.2.2 Artery 303
  - 5.2.3 Heart Leaflet 303
  - 5.2.4 Brain Tissue 304
- 5.3 Hyperelastic Models of Soft Tissues 305
  - 5.3.1 Introduction 305
  - 5.3.2 Description of Deformation and Definition of Invariants 307
  - 5.3.3 Isotropic neo-Hookean Hyperelastic Model 309
  - 5.3.4 Isotropic Mooney–Rivlin Hyperelastic Model 312
  - 5.3.5 Hyperelastic Models for Multiscale Simulation of Tendon 313
  - 5.3.6 Anisotropic Hyperelastic Models for Fibrous Tissues 316
  - 5.3.7 Polyconvex Undamaged Functions for Fibrous Tissues 319
  - 5.3.8 Damaged Soft Tissue 321
- 5.4 Multiscale Modelling of Undamaged Tendon 328
  - 5.4.1 Fibril Scale 330
  - 5.4.2 Fibre Scale 330
  - 5.4.3 Tissue Scale 332
- 5.5 Multiscale Analysis of a Human Aortic Heart Valve 336
  - 5.5.1 Introduction 336
  - 5.5.2 Organ Scale Simulation 337
  - 5.5.3 Simulation in the Tissue Scale 342
  - 5.5.4 Cell Scale Analysis 347
- 5.6 Modelling of Ligament Damage 349
- 5.7 Modelling of the Peeling Test: Dissection of the Medial Tissue 355
- 5.8 Healing in Damaged Soft Tissue 359
  - 5.8.1 Introduction 359
  - 5.8.2 Physical Foundation of Tissue Healing 360
  - 5.8.3 Solution Procedure 369
  - 5.8.4 Numerical Analysis 372
- 5.9 Hierarchical Multiscale Modelling of a Degraded Arterial Wall 383
  - 5.9.1 Definition of the Problem 383
  - 5.9.2 Multiscale Model 387
  - 5.9.3 Hyperelastic Material Models 389
  - 5.9.4 Computational Framework of the Hierarchical Multiscale Homogenization 390
  - 5.9.5 Numerical Results 394
- 5.10 Multiscale Modelling of the Brain 401
  - 5.10.1 Introduction 401
  - 5.10.2 Biomechanics of the Brain 402
  - 5.10.3 Multiscale Modelling of the Brain (neo-Hookean Model) 403
  - 5.10.4 Viscoelastic Modelling of the Brain 414

<b>6</b>	<b>Biomechanics of Hard Tissues</b>	<b>423</b>
6.1	Introduction	423
6.1.1	Hard Tissues	423
6.1.2	Chemical Composition of Bone	423
6.1.3	Multiscale Structure of Bone	423
6.1.4	Bone Remodelling	428
6.1.5	Contents of the Chapter	429
6.2	Concepts of Fracture Analysis of Hard Tissues	429
6.2.1	Numerical Studies of Bone Fracture	430
6.2.2	Constitutive Response of the Bone	433
6.2.3	Poroclastic Nature of Bone Tissues	433
6.2.4	Plasticity and Damage	433
6.2.5	Hyperelastic Response	435
6.3	Simulation of the Femur Bone at Multiple Scales	435
6.3.1	Microscale Simulation of the Trabecular Bone	436
6.3.2	Two-dimensional XFEM Mesoscale Fracture Simulation of the Cortical Bone	437
6.3.3	Macroscale Simulation of the Femur	443
6.4	Healing in Damaged Hard Tissue	446
6.4.1	Introduction	446
6.4.2	Physical Foundation of Bone Tissue Healing	448
6.4.3	Solution Procedure	455
6.4.4	Numerical Analysis	458
<b>7</b>	<b>Supplementary Topics</b>	<b>467</b>
7.1	Introduction	467
7.2	Shape Memory Alloy (SMA) Stenting of an Artery	468
7.2.1	Stenting Procedures	468
7.2.2	SMA Constitutive Equations	469
7.2.3	Contact Mechanics	471
7.2.4	Modelling of Stenting	471
7.2.5	Basics of Modelling	472
7.3	Multiscale Modelling of the Eye	474
7.4	Pulsatile Blood Flow in the Aorta	477
7.4.1	Description of the Problem	477
7.5	Shape Memory Polymer Drug Delivery System	479
7.6	Artificial Intelligence in Biomechanics	483
7.6.1	Artificial Intelligence and Machine Learning	483
7.6.2	Deep Learning	484
7.6.3	Physics-Informed Neural Networks (PINNs)	485
7.6.4	Biomechanical Applications of Artificial Intelligence	487
	<b>References</b>	<b>489</b>
	<b>Index</b>	<b>519</b>